

FIRST AID SIMULATIONS

2006 BC & Yukon Barnsley Lifeguard Championships

VICTIM: **#3: Diabetic**

Notes: Victim was driving car when suffering from insulin shock. He loses control of car and strikes a group of teenagers. Patient is deteriorating over time. UNC NB can not be prevented

03:00 - Unconscious, with inadequate breathing

Scene Survey	Notes	3-Point Scale	x	SCORE	Out of
Ensures no Danger	uses barrier devices	0 1 2 3	2		6
Mechanism of injury	Insulin Shock	0 1 2 3	2		6
Identifies themselves	states name and training	0 1 2 3	2		6
					18

Primary Survey	Notes	3-Point Scale	x	SCORE	Out of
Level Of Consciousness	Unconscious non responsive	0 1 2 3	3		9
d- Spine	No trauma	0 1 2 3	3		9
A- airway assessment	Clear	0 1 2 3	3		9
B- breathing assessment	Inadequate breathing, Extremely Shallow, 35 bpm	0 1 2 3	5		15
C- circulation assessment	Weak and rapid	0 1 2 3	3		9
RBS- Rapid Body Survey	nothing found	0 1 2 3	3		9
					60

TREATMENT	Notes	3-Point Scale	x	SCORE	Out of
Airway - Management	1- An ineffective attempt in managing an open airway 2- Performs a jaw thrust & head tilt through out most of sim and inserts OPA 3- Performs a jaw thrust & head tilt completely through sim and inserts OPA	0 1 2 3	5		15
Breathing - Time to Initiate	1 - <2min - Starts Rescue Breathing 2 minutes after start of simulation 2 - >2min - Starts Rescue Breathing between 1-2 minutes after start of simulation 3 - >1min - Starts Rescue Breathing Between 0-1 minutes after start of simulation	0 1 2 3	5		15
Breathing Management	1- Does not maintain proper ratio of breaths 2- One breath every 5 seconds through simulation 3- Proper seal, simulates a complete breath, 1 breath every 5 seconds throughout sim	0 1 2 3	10		30
Sugar	1 - >2 min - Places sugar in mouth but does not maintain victim in a drainage position 2 - >2 min - Places sugar in mouth while maintain victim in a drainage position 3 - <2 min - Places sugar in mouth while maintain victim in a drainage position	0 1 2 3	10		30
Oxygen	1-O2 applied late and/or to incorrect flow rate 2-O2 applied within reasonable time to correct flow rate and never removed 3-O2 applied at earliest possible moment to correct flow rate and never removed	0 1 2 3	2		6
Reassurance & Blanket	1 - Minimal reassurance or blanket applied 2-Reasonable reassurance & blanket applied 3- Excellent reassurance & blanket applied fully covering patient	0 1 2 3	3		9
					105

SECONDARY SURVEY	Notes	3-Point Scale	x	SCORE	Out of
(1 = verbalized, 2 = written or detailed, 3 = written and detailed)					
Time Noted		0 1 2	1		2
LOC	Unconscious -- responds to pain	0 1 2 3	1		3
Pulse Rate/Rhythm	170bpm and weak	0 1 2 3	1		3
Respiration Rate/Rhythm	35 bpm and shallow	0 1 2 3	1		3
Eyes	equal and reactive	0 1 2 3	1		3
Skin	pale, cool, sweaty	0 1 2 3	1		3
Number of Vitals Taken		0 1 2 3	2		6
Chief Complaint	Unconscious	0 1 2 3	1		3
History of Chief Complaint	Low sugar level	0 1 2 3	1		3
Allergies	None	0 1 2 3	1		3
Medications/Med History	Insulin / Diabetic	0 1 2 3	2		6
Patient Information					
Pain Assessment - PQRST					
Head & Neck	nothing found	0 1 2 3	1		3
Chest & Back	nothing found	0 1 2 3	1		3
Abdomen & Pelvis	nothing found	0 1 2 3	1		3
Legs	nothing found	0 1 2 3	1		3
Arms	nothing found	0 1 2 3	1		3
					53

COMMENTS:

TOTAL SCORE:

/236

Team: _____

Judge: _____