

INDIVIDUAL FIRST AID

Barnsley 2006 Prelims

Patient: **First Aid #2 - Conscious Heat Stroke**

*Notes: Patient is found conscious in the sun with a history of working all day in the sun. Patient's body position is on all 4's vomiting on the concrete. ** patient unconscious at 1:30 if there is no attempt at cooling*

Scene Survey	Notes	3-Point Scale	x	SCORE	Out of
Ensures no Danger	<i>looks for any additional dangers, avoids vomit, uses gloves</i>	0 1 2 3	2		6
Mechanism of injury	<i>working in sun all day</i>	0 1 2 3	3		9
Identifies themselves	<i>states name and training</i>	0 1 2 3	2		6
					21

Primary Survey	Notes	3-Point Scale	x	SCORE	Out of
Level Of Consciousness	<i>Lowered level of consciousness</i>	0 1 2 3	3		9
d- Spine	<i>no history of trauma</i>	0 1 2 3	3		9
A- airway assessment	<i>Breathing, airway is clear, nothing in mouth</i>	0 1 2 3	3		9
B- breathing assessment	<i>breathing is fast and shallow</i>	0 1 2 3	3		9
C- circulation assessment	<i>Radial pulse is present, hot and dry skin; patient looks flushed</i>	0 1 2 3	3		9
RBS- Rapid Body Survey	<i>exposes chest and back</i>	0 1 2 3	3		9
					54

TREATMENT	Notes	3-Point Scale	x	SCORE	Out of
Rapid Cooling	<i>uses accessible hose (or ice pack to back of neck) and verbalizes that</i>	0 1 2 3	10		30
Rapid Cooling Initiated	<i>3: <30s, 2: <60 s, 1: <90s</i>	0 1 2 3	10		30
Airway Management	<i>Maintains position of comfort ie all 4's for vomit control</i>	0 1 2 3	7		21
Reasses ABC's	<i>airway is clear when patient is heaving, ~every 30s</i>	0 1 2 3	5		15
Blanket and Reassurance	<i>continuous cooling for 20 min or until shivering, remove blanket</i>	0 1 2 3	5		15
Oxygen	<i>Applies oxygen at appropriate time and flow rate</i>	0 1 2 3	5		15
					126

SECONDARY SURVEY	Notes	3-Point Scale	x	SCORE	Out of
(1 = verbalized, 2 = written or detailed, 3 = written and detailed)					
Time Noted		0 1 2 3	1		3
LOC	<i>conscious, slightly disorientated</i>	0 1 2 3	1		3
Pulse Rate/Rhythm	<i>60 bpm., full and bounding pulse, radials present</i>	0 1 2 3	1		3
Respiration Rate/Rhythm	<i>12 bpm, deep and snoring</i>	0 1 2 3	1		3
Eyes	<i>equal</i>	0 1 2 3	1		3
Skin	<i>red, hot & dry</i>	0 1 2 3	1		3
Chief Complaint	<i>hot and dizzy</i>	0 1 2 3	1		3
History of Chief Complaint	<i>work in sun all day, Dehydrated, beer at Lunch (if approp age)</i>	0 1 2 3	1		3
Allergies	<i>Sulpha Drugs</i>	0 1 2 3	1		3
Medications	<i>Altace</i>	0 1 2 3	1		3
Medical History	<i>HTN (Hypertention)</i>	0 1 2 3	1		3
Patient Information	<i>Volunteer's info</i>	0 1 2 3	1		3
Pain Assessment - PQRST	<i>Nausea, Dizzy, Headache, Body Aches, Hot F</i>	0 1 2 3	1		3
Head & Neck	<i>Red Hot and Flushed Thirsty</i>	0 1 2 3	1		3
Chest & Back	<i>Hot and Flushed and Dry</i>	0 1 2 3	1		3
Abdomen & Pelvis	<i>Hot and Flushed and Dry</i>	0 1 2 3	1		3
Legs	<i>Hot and Flushed and Dry</i>	0 1 2 3	1		3
Arms	<i>Hot and Flushed and Dry</i>	0 1 2 3	1		3
COMMENTS:					54

TOTAL SCORE: /255

Team: _____

Judge: _____