

INDIVIDUAL FIRST AID

Barnsley 2006 Prelims

Patient: **Resuscitation #1- Conscious Anaphylactic Spinal**

Notes: *patient is conscious anaphylactic with a suspected spinal found sitting by a ladder. Patient will go unconscious at 1:00, with ventilations hard to administer. History of bee sting while on ladder, scared patient, fall down. EpiPen in patient's pocket. Follow NLS standards for EpiPen administration.*

Scene Survey	Notes	3-Point Scale	x	SCORE	Out of
Ensures no Danger	<i>looks for any additional dangers, avoids blood, uses barrier devices</i>	0 1 2 3	2		6
Secures Danger	<i>lay ladder down or move it away from scene</i>	0 1 2 3	2		6
Mechanism of injury	<i>fell and hit head on ground as well as stung by bee</i>	0 1 2 3	2		6
Identifies themselves	<i>states name and training</i>	0 1 2 3	2		6
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Primary Survey	Notes	3-Point Scale	x	SCORE	Out of
Level Of Consciousness	<i>conscious and agitated at first</i>	0 1 2 3	3		9
d- Spine	<i>recognized possible spinal</i>	0 1 2 3	3		9
A- airway assessment	<i>conscious & breathing, nothing in mouth</i>	0 1 2 3	3		9
B- breathing assessment	<i>patient is finding it difficult to breathe, breathing rate 36bpr/min</i>	0 1 2 3	3		9
C- circulation assessment	<i>circulation signs are present</i>	0 1 2 3	3		9
RBS- Rapid Body Survey	<i>hives and swelling around bite, epipen found in pocket</i>	0 1 2 3	3		9
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TREATMENT	Notes	3-Point Scale	x	SCORE	Out of
Immobilization	<i>patient immobilized ASAP with sandbags</i>	0 1 2 3	5		15
Airway Management	<i>Inserts oral airway when patient becomes unconscious</i>	0 1 2 3	5		15
Administration of EpiPen	<i>Proper admin of epipen - outer thigh - hold for 10 sec, massage</i>	0 1 2 3	10		30
Disposal of EpiPen	<i>Proper disposal/ securing of discharged epipen-sharps or in case</i>	0 1 2 3	4		12
Bee Stinger Removed	<i>Bee stinger removed appropriately (not squeezed or tweezed)</i>	0 1 2 3	5		15
Reassessment	<i>ABCs reassessed after giving epipen; breathing rate 36 br/min</i>	0 1 2 3	3		9
Assisted Vents initiated	<i>initiated at appropriate time</i>	0 1 2 3	5		15
Assisted Vents maintained	<i>maintained throughout once initiated</i>	0 1 2 3	10		30
Blanket and Reassurance	<i>Applies blanket and reassures throughout</i>	0 1 2 3	5		15
Oxygen	<i>Applies oxygen at appropriate time and flow rate</i>	0 1 2 3	5		15
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SECONDARY SURVEY	Notes (1 = verbalized)	3-Point Scale	x	SCORE	Out of
Time Noted		0 1 2 3	1		3
LOC	<i>conscious to unconscious</i>	0 1 2 3	1		3
Pulse Rate/Rhythm	<i>present at 96 beats/min</i>	0 1 2 3	1		3
Respiration Rate/Rhythm	<i>36 breaths/min</i>	0 1 2 3	1		3
Eyes	<i>pale and glazed</i>	0 1 2 3	1		3
Skin: Face	<i>swelling around neck</i>	0 1 2 3	1		3
Chief Complaint	<i>stung by bee and fell off ladder</i>	0 1 2 3	1		3
History of Chief Complaint	<i>on ladder, bee stings and patient falls from height</i>	0 1 2 3	1		3
Allergies	<i>bee stings</i>	0 1 2 3	1		3
Medications	<i>EpiPen</i>	0 1 2 3	1		3
Medical History	<i>stung before and used EpiPen before</i>	0 1 2 3	1		3
Patient Information	<i>Rachel Beedle, same age as volunteer</i>	0 1 2 3	1		3
Pain Assessment - PQRST	<i>head, throbing, head, 7/10, constant</i>	0 1 2 3	1		3
Head & Neck	<i>Normal</i>	0 1 2 3	1		3
Chest & Back	<i>Nothing</i>	0 1 2 3	1		3
Abdomen & Pelvis	<i>Nothing</i>	0 1 2 3	1		3
Legs	<i>Nothing</i>	0 1 2 3	1		3
Arms	<i>Stinger Located</i>	0 1 2 3	1		3
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COMMENTS:

TOTAL SCORE: /303

Team: _____

Judge: _____