

SIMULATION IDEAS

PUBLIC RELATIONS & PREVENTATIVE GUARDING

- ▶ deck runner
- ▶ ladder swinger
- ▶ double bouncer on board
- ▶ knee stuck in ladder/gutter
- ▶ lane swimmers collide/fight
- ▶ guard splasher
- ▶ irate taxpayer
- ▶ tag game
- ▶ towel flickers
- ▶ girl teaser
- ▶ crush on lifeguard
- ▶ play wolf
- ▶ practice front floats
- ▶ non English speaker
- ▶ change room screamer
- ▶ stolen goggles
- ▶ medic alert wearer
- ▶ ask about equipment use
- ▶ phone call for lifeguard
- ▶ locker problems
- ▶ corner jumper
- ▶ show off on board
- ▶ intimate contact in water
- ▶ swimmer under board/slide
- ▶ deaf patron
- ▶ weak length swimmer
- ▶ smoker on deck
- ▶ talker compliments on facility
- ▶ a Junior Lifeguard practising
- ▶ scared diver stuck on high board
- ▶ patron seeking program info
- ▶ persistent discipline problem; different every time
- ▶ jump sideways off diving board
- ▶ two patrons on board
- ▶ horseback fights
- ▶ eating on deck
- ▶ lovers in corner
- ▶ cat fight
- ▶ scalding/freezing showers
- ▶ ask LG to hold valuables
- ▶ underwater breath holder
- ▶ advise LG you are epileptic/diabetic
- ▶ push people in
- ▶ X won't leave me alone
- ▶ teenager dared to kiss LG
- ▶ poop in pool (Hershey bar)
- ▶ toddler peeing in pool
- ▶ lost contact lens
- ▶ locker theft
- ▶ man in women's change room
- ▶ sit on pool bottom
- ▶ underwear wearer in pool
- ▶ underwater swimmer avoids LG
- ▶ clothed rowdies on deck
- ▶ masturbation in hot tub
- ▶ person blowing whistle
- ▶ accuse guard of accosting sister
- ▶ try out (play with) rescue equipment
- ▶ ask guard for ball (it's your turn)
- ▶ repeatedly ask time: when is ½ hr up
- ▶ ask if towel rental: forgot yours
- ▶ lost child
- ▶ dunker
- ▶ blind swimmer
- ▶ bored; chat with guard
- ▶ ask guard about sauna
- ▶ ask to leave medication on LG chair
- ▶ report there's vomit on pool deck
- ▶ facility tourist; check it all out
- ▶ throw ball up slide
- ▶ drunk
- ▶ try to date guard
- ▶ underwater crotch watcher
- ▶ lost parent
- ▶ hard long ball throwing
- ▶ girl's bathing suit off
- ▶ ask qualifications to be a guard
- ▶ ask water depth/temperature
- ▶ ask for flippers/pull buoys/hand paddles
- ▶ ask if guard knows X that you know
- ▶ smack noodles hard on water
- ▶ throw kickboards
- ▶ ask for 25¢
- ▶ ask directions to X

D.N.S.

- ▶ off mat
- ▶ off ball
- ▶ off noodle
- ▶ off kick board
- ▶ off high diving board
- ▶ off low diving board
- ▶ lifejacket falls off
- ▶ off lane rope
- ▶ off any inflatable toy
- ▶ gutter grabber
- ▶ at 5' depth
- ▶ any deep water
- ▶ shallow corner
- ▶ teach pool
- ▶ with friend
- ▶ immediate at start of sim
- ▶ sideways off diving board
- ▶ double DNS; locked together
- ▶ running mat in water
- ▶ boyfriend/girlfriend out too deep
- ▶ pulling friend out; both fall in
- ▶ teaching friend to swim
- ▶ teaching friend to dive
- ▶ off slide
- ▶ fall out of womblers/saucers
- ▶ bobbers; shallow to deep water
- ▶ cramp
- ▶ when going down ladder, fall off
- ▶ gets pushed in
- ▶ in hot tub
- ▶ hanging under diving board
- ▶ off bulkhead
- ▶ gets dunked & swallows water
- ▶ weak swimmer near drop off
- ▶ victim right below guard chair
- ▶ off rope swing
- ▶ off climbing wall
- ▶ push off corner to corner; too far
- ▶ someone hanging on buoyline

MINOR FIRST AID

- ▶ ask guard for aspirin for headache
- ▶ broken glass in shower (cut foot)
- ▶ ask guard for band aid for scrape
- ▶ chipped tooth
- ▶ sunburn
- ▶ burn from touching sauna equipment
- ▶ calf cramp
- ▶ something in eye
- ▶ upset stomach; feels like puking
- ▶ bee sting
- ▶ shoulder dislocation
- ▶ sprained finger
- ▶ guard maintenance accident
- ▶ chlorine stinging cut
- ▶ backstroke; hit hand on pool edge
- ▶ heat exhaustion from whirlpool
- ▶ sprained ankle
- ▶ sprained wrist
- ▶ goose egg on head
- ▶ stomach cramp
- ▶ chlorine eye irritation
- ▶ horseback falls • inhale water • coughing
- ▶ eating • partial airway obstruction
- ▶ asthma attack
- ▶ broken finger
- ▶ allergy ~ sneezes
- ▶ "owie" wants BandAid
- ▶ medic alert bracelet
- ▶ bug in ear
- ▶ ask LG to hold pills
- ▶ wasp sting
- ▶ pregnant • pains
- ▶ vomits on deck

BLEEDING

- ▶ nosebleed
- ▶ stubbed toe
- ▶ cut foot on broken tile
- ▶ pick a scab
- ▶ miscarriage
- ▶ finger cut on lane rope
- ▶ knee abrasion on diving board
- ▶ face cut shaving
- ▶ slash arm on jagged locker metal
- ▶ broken glass
- ▶ finger nail scratches (in fight)
- ▶ torn earring/nose ring/nipple ring/navel ring
- ▶ loose tooth comes out•bleeding socket
- ▶ rope burn from rope swing
- ▶ jump on mat/kickboard, smack arm on pool edge
- ▶ length swimmer collision•cut head
- ▶ nick legs while shaving in shower
- ▶ walk into LG chair (not looking)
- ▶ cut lip on water fountain
- ▶ scraped shin; trip on ladder or diving board ladder
- ▶ broken glass in shower• cut foot
- ▶ road rash

UNCONSCIOUSNESS

- ▶ drunk
- ▶ drug overdose
- ▶ heat stroke
- ▶ anaphylactic shock
- ▶ diabetic coma (hyperglycemia)
- ▶ insulin shock (hypoglycemia)
- ▶ epileptic
- ▶ hyperventilation
- ▶ pregnant woman faints
- ▶ punched out in fight
- ▶ feels sick & dizzy
- ▶ complete airway obstruction
- ▶ chemical problem (Cl₂)
- ▶ heart attack
- ▶ slip on deck• head injury
- ▶ electrocution
- ▶ poison
- ▶ drowning
- ▶ stroke

OTHER MAJORS

- ▶ deep conscious cervical
- ▶ shallow conscious cervical
- ▶ deep unconscious cervical
- ▶ shallow unconscious cervical
- ▶ deep non-breathing cervical
- ▶ shallow non-breathing cervical
- ▶ deep pulseless cervical
- ▶ shallow pulseless cervical
- ▶ walking spinal
- ▶ on deck cervical
- ▶ cervical positioned on stairs
- ▶ corner to corner dives• cervical
- ▶ cervical in teach pool
- ▶ deep lumbar
- ▶ shallow lumbar
- ▶ conscious heart attack
- ▶ unconscious heart attack
- ▶ pulseless heart attack
- ▶ angina attack with medication
- ▶ unconscious non-breathing patient
- ▶ head injury behind guard chair
- ▶ broken leg
- ▶ double drowning• one hysterical & one unconscious non-breathing
- ▶ chlorine gas leak
- ▶ blackout/power failure
- ▶ guard maintenance accident
- ▶ stroke
- ▶ pregnant woman miscarries
- ▶ sauna/whirlpool collapse
- ▶ diving instructor jumped on
- ▶ swimmer under bulkhead
- ▶ sickie with flu